



# ARRIVAL

Public transportation:

With the Planai buses from Schladming (Planet-Planai, Lendplatz) or Rohrmoos to the bus stop "Hopfriesen - Obertal ".

www.planaibus.at

# Getting there:

From Schladming into the direction of Rohrmoos, at the roundabout Rohrmoos you take the second exit (direction Obertal).

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#### BUS

Please refer to ARRIVAL (public transportation)

# BOOK TIP (available only in german)

"Das große Buch vom Wandern" von Christian Hlade. <u>https://www.thalia.at/shop/home/artikeldetails/ID143558607.html?ProvID=10907922&gclid=EAIaIQ</u> <u>obChMImgPi8YrG5QIVjqiaCh3HCwBjEAAYAiAAEgIH8fD\_BwE</u>

#### CAMPING

In the federal state of Styria camping is allowed in alpine barren land (above the tree line). However, **it is necessary to ask the respective land owners** whether this is possible, in order to avoid conflicts with other interests in land use. In nature conservancies camping in general is not allowed, which is the case at stages 4 (Klafferkessel) and 5 (Planai High Trail) of the 5-day tour and stages 5 to 7 (in the nature reserve Sölktäler) of the 7-day tour to St. Nikolai.

#### CONSTITUTION

Are you in the right constitution to tackle the hike? Remember, you have to be in shape before you head into the mountains, and not to get in shape through the hikes there. The trails in the Schladminger Tauern range are among the most beautiful tours in the Schladming-Dachstein region. However, the routes also challenging for hikers. Thus, sure-footedness, good physical condition and a head for heights are prerequisites, not to mention the right equipment of course.

#### CATTLE

How to behave around the animals? Never leave the marked paths, respect the animal habitats, grazing areas and plants.





A part of the trail leads through an area in which dogs are not allowed. Thus, dogs cannot be taken along on this multiple day tour.

# DROPOUT OR INTERRUPTION OF THE TOUR

If you drop out of the tour or make an interruption, and thus should not conform to the reservations already made at the mountain huts, please inform the hosts at the huts in order to give them planning reliability and to avoid unnecessary search operations. ATTENTION: even in the case of unnecessary alarms of mountain rescue teams, extremely high additional costs (helicopter flight minutes, etc.) can be incurred.

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# EQUIPMENT

A good rucksack is very helpful, while headwear, gloves, a warm jacket and pants should be included in your basic gear. Waterproof shoes, sunglasses, sun block and plenty to drink are essential. You should also include a flashlight, maps, knife and a small first-aid kit. Especially when it comes to multi-day hikes, keep what you are carrying as compact as possible, so that it is easy to carry even over the course of several days.

#### **EMERGENCY**

Please refer to SAFETY INFORMATION.

#### **ENVIRONMENT & PROTECTED AREAS**

The tour runs through the following protected areas:

- Nature park Sölktäler
- Nature protection area Krakau-Schöder
- Nature protection areas Klafferkessel and Riesachtal in the Schladminger Tauern range
- Fauna-Flora-Habitat area Schladminger Tauern
- Special Protection Area Niedere Tauern

In these protected areas, the following rules apply:

- Please, do not walk off the trails.
- No camping in nature reserves!
- Please, keep quiet.
- Please refrain from collecting stones or minerals.
- Please, do not pick mushrooms or plants.
- Keep the environment clean. Please, do not litter.
- Please, do not feed wild animals.
- Do not make open fires.
- Please, do not release animals or plants into the wild.
- Keep dogs on a leash.
- Please, do not start model airplanes, kites or drones.
- In any case, please respect local advice for nature conversation.



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# GPS data and orienteering

Available GPS data - just like hiking maps - is only guidance for orientation and can never depict a trail exactly with all its details. Especially at exposed or dangerous spots it is essential to judge on site how to proceed. Walking times calculated by non-hiking platforms like Google Maps are no solid planning criteria for a hiking tour! Download link for GPS-data of the tour: <u>https://goo.gl/gaxcNS</u>

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#### **HIKING MAPS, GUIDE BOOKS & LITERATURE**

- Hiking map Schladming, 1:25.000, available at the tourist office Schladming.
- Hiking map Schladming-Dachstein, 1:50.000, available at the tourist office Schladming.
- Guide book Dachstein & Schladminger Tauern by Herbert Raffalt, available at the tourist office Schladming (only in german)

#### **HIKING SEASON**

We recommend the hike within the season between July until the mid of September. Depending on the snow conditions you have to expect snowfields. (crampons may be needed).

#### HUTS

Refreshment stops and mountain huts/refuges along the Schladminger Tauern High Trail:

- Ignaz-Mattis-Hütte +43 664 42 33 823
- Giglachseehütte +43 664 90 88 188
- Duisitzkarseehütte +43 664 97 33 684
- Fahrlechhütte +43 664 33 85 903
- Keinprechthütte +43 664 43 30 346

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# KIDS

Kids who want to go on this hike should have experience hiking in the mountains. We also recommend a minimum age of 8 years. Sure-footedness, a good physical condition, a head for heights and the right equipment are the basic requirements.

#### LUGGAGE TRANSPORT

It is not possible to book a luggage transport.



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# MONEY

The mountain huts/refuges accept cash payment only.

# **MOUNTAIN GUIDES**

Berg- und Abenteuerschule, Bergführer Heli Rettensteiner	+43 664 95 05 363
Berg- und Skischule Monte Krah, Bergführer Gerhard Resch	+43 664 14 00 439
<ul> <li>Alpinschule Schladming, Bergführer Herbert Raffalt</li> </ul>	+43 664 89 80 895
Alpinschule Dachsteinguides, Bergführer Oliver Stocker	+43 664 78 17 434
<ul> <li>Bergführer Schladming, Patrick Laszlo</li> </ul>	+43 664 42 51 234
<ul> <li>IN A TEAM (mountain hiking guide)</li> </ul>	+43 664 75 10 5005

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# NATURAL RESERVE

Please refer to ENVIRONMENT & PROTECTED AREAS.

#### **OVERNIGHT STAY AT THE HUTS**

At your arrival at the huts we kindly ask you to register with the host at the hut/refuge, also if you already have a booking. This way, they can plan accordingly and make sure that everybody who has a reservation has arrived and gets the reserved space.



# PARKING

You can leave the car at the parking Hopfriesen/Obertal.

#### PLANNING

Never take a hike in the mountains without careful planning.

Obtain all necessary information in advance, especially regarding what to expect during your tour: trail conditions, hazards, potential difficulties etc. The hosts at the mountain refuges are also a good source of information. They know the area very well and can give you advice and tips. Never hesitate to ask if you are uncertain about the further route of your tour!



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# SAFETY INFORMATION

For multi-day tours in alpine terrain, good physical constitution, as well as experience in alpine terrain are essential. Especially in late summer it is very important to pay close attention to weather conditions. Before starting your tour, we highly recommend that you get in contact with the Schladming Tourist office and check for an update on the latest weather conditions.

Changes in weather patterns, quick falls in temperature, thunderstorms, wind, fog and snow are some of the dangers that can be encountered on a hiking tour. Hosts of alpine huts and mountain refuges have a lot of experience in the mountains and can give good advice about weather and the trails. Poor equipment, overestimation of one's own capabilities, carelessness, poor personal constitution and/or wrong judgement can lead to critical situations. In case of thunderstorms: avoid summits, ridges and steel ropes.

In case of emergency: Dial 140 – for alpine emergencies – nationwide in Austria Dial 112 – European GSM emergency number

#### SCHLADMING-DACHSTEIN APP

The Schladming-Dachstein App is a good service for your holiday in the region. You can even download the routes for the tour and use them offline while you are in the mountains. <u>https://www.schladming-dachstein.at/en/service/digital-services/schladming-dachstein-app?ga=1.71795285.718251993.1475499181</u>

#### **SLEEPING BAG**

Use of a sleeping bag is a requirement at the huts/refuges.

#### SNOWFIELDS

Especially at the beginning of the season, residual snow fields are to be expected - in certain locations even the whole summer. Therefore, always inform yourself about the current weather conditions and take them into account when planning your tour.

#### **STAGES / INTERACTIVE HIKING MAP**

On the following link you find an accurate description of the individual stages: <u>https://www.schladming-dachstein.at/en/schladming/summer/packages/4-days-family-hike?ga=2.242736962.1392924842.1549894177-1427287147.1527667263</u>

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# WASHING ON THE MOUNTAIN

Showers are available on the huts. The costs are to be paid on site.

# WEATHER

Obtain the latest information about weather conditions. Never feel bad about interrupting a tour for safety reasons.